



Northwest Language  
& Cultural Center

# English Language & Culinary Arts in America



## Highlights

### English language lessons

- Learn English with Native teachers as you tour
- Conversational vocabulary
- Food and drink vocabulary

### Farm to Table Tourism

- Excursions to local farms
- Tour Penn Cove Shellfish
- Visit Farmer's Market
- Meal with Slow Food Group

### Drinking & Dining in America

- Tour Culinary Arts College and dine in their student-run restaurant
- Tour vineyards, breweries and distilleries

### Community Involvement

- Volunteer at local food bank garden to help feed the hungry
- Make lasting friendships, singing together by the campfire

### All inclusive

- Housing
- Meals
- Ground transportation

**W**e welcome you year round to beautiful Whidbey Island, just 48 km from Seattle, in the state of Washington. We at Northwest Language and Cultural Center are committed to providing a meaningful, engaging and educational experience of American culture, culinary arts and the English language.

With this specially designed program, participants will improve their English language skills and develop greater confidence in multicultural settings through an active exploration of agriculture and food.

Focussing on culinary vocabulary, participants will learn through daily excursions and tours. Together we will explore sustainable agriculture, growing, preparing, serving and enjoying the food and drink from Whidbey Island..

Join us for a truly life-changing experience in America!



## WHIDBEY ISLAND: FAMOUS FOR FOOD

Whidbey Island is not only safe, healthy and beautiful, it boasts a bountiful array of farm-fresh produce, charming cafes and elegant restaurants. Read more about the local food scene from recent publications.

- [6 Delicious Reasons to Visit](#)
- [For Food Lovers, Whidbey Has it All](#)
- [Top 10 Restaurants on Whidbey Island](#)

## Overview

**PROGRAM:** The agritourism program offers language immersion activities, cultural experiences, and daily social interactions with English-speaking teachers, staff, volunteers, and community members as participants eat and drink their way through the Pacific Northwest.

**EXCURSIONS:** Participants explore Whidbey Island and the Seattle area along with English language instructors. Agritourism and food industry excursions may include visits to local farmers' markets, grocery shops, bakeries, restaurants, organic farms, a culinary school and shellfish farm. Whidbey Island offers the best of a beautiful rural environment – beaches, forests, and lakes - along with rich cultural opportunities. Participants get a chance to discover art galleries, cultural and historical sites, trails, parks, and more! This program is designed to fit **your** interests!

**ENGLISH LEARNING:** Participants will tour and explore with NWLACC English instructors. By the end of the program, each participant will improve conversational English skills and essential grammar, as well as gain a greater understanding of American culture, farming and our local food system.



# English Language & Culinary Arts in America



## All Inclusive Package

**GROUND TRAVEL:** All ground travel is included in the cost of this program. Travel from SeaTac airport to Whidbey Island via shuttle bus and a 20 minute ferry ride. Enjoy the view of both the Cascade and Olympic Mountains. Daily travel to and from excursions will take place in passenger vans.

**ACCOMMODATION:** Lodging is provided with shared occupancy in safe, charming and comfortable rooms.

**MEALS:** All meals are prepared from fresh, healthy, local ingredients. Meals are prepared in-house or enjoyed in a restaurant while on certain excursions.

**EXCURSIONS:** All group excursions, activities and outings are included.

**VISA SUPPORT:** Northwest Language and Cultural Center will write a letter of invitation, personally welcoming you to the United States.

### EXAMPLE SCHEDULE

8:00	Breakfast
9:30	English lessons: food-related conversation skills, essential grammar & vocabulary
11:00	Morning activity or excursion
12:30	Lunch
1:30	Afternoon excursion
5:00	Reflection time: review learning
6:00	Dinner
7:00	Evening game or activity
9:30	Retire to rooms

### THE NUMBERS

- 10 days & 9 nights
- 3 meals a day
- 10 participants minimum
- 25 participants maximum





## When to Travel

Each season offers something unique! Whidbey Island is a wonderful destination all year long.

**WINTER:** Wineries and distilleries can keep you warm through the colder months. Chocolate shops, restaurants and indoor markets keep the food fresh and flavorful.

**SPRING:** Working farms are bustling to start the growing season. See how spring brings new life to the Island, and welcomes Farmers' Markets.

**SUMMER:** Gardens are bursting, markets are buzzing and the Island County Fair is entertaining young and old.

**FALL:** Fruit trees, fields of green and crabbing make this a great time to eat, drink and play.

## Program Cost per Participant

**\$2,400 for 10 days, 9 nights**

8 days, 7 nights option available with prices starting at \$2,080

*All meals, accommodation, transportation, excursions, projects, activities and lessons are included in the cost. Program fees will be negotiated based on the number of participants and the final itinerary. Prices do not include airfare and visa expenses.*



## PAYMENT PLAN

- Non-refundable deposit of \$1,000 due 1 week after agreeing to the travel dates
- 50% of remaining participation fees due 2 months prior to travel
- Remaining balance due 1 week prior to the start of the program

## CONTACT US



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### Our Mission

Inspire intercultural awareness and understanding so that each person contributes to a more peaceful and harmonious global community now.